

YOURquotes
Golden nuggets from *The Magical Unfolding* by Helen Rebello

This is an excerpt with comments to show you how we work.

We always give you page references so you can check the context and compare it to the original text.

p xii

Important moments don't always feel like you're about to conquer the world.

Sometimes it makes sense to leave certain words out.

p xiii

~~I share this because~~ I want you to know there's a core, strong part of you that cannot be broken.

No matter where you are now, what's happened in your life, or how much ground you think you have to cover, you can reclaim your right to a life you love.

p14

There's always something valuable to learn from someone else's version of reality. (I abbreviated the sentence)

When we abbreviate sentences we always let you know.

p95

Think of your Cape of Possibility as being an outfit you wear that can help you face these challenges with more awareness and confidence.

You are already more courageous and capable than you realize. (I have replaced the semicolon with a full stop.)

When we change a punctuation mark we always let you know.

p108

The key to making choices that lead to change, without arousing the suspicions of your subconscious, is to make them very small and approach them with an attitude of play and experimentation.

We never change your formatting.

I highly recommend choosing to tell yourself something along these lines as you make moment to moment choices: *'if this is for my highest good it will work out, if not, I will have learned something valuable'*.